

# Nutrition Facts

6 servings per container

**Serving size**

**4 meatballs**

**Amount Per Serving**

**Calories**

**180**

**% Daily Value\***

**Total Fat** 10g **13%**

Saturated Fat 3.844g **19%**

*Trans* Fat 0.355g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 3.911g

**Cholesterol** 80mg **27%**

**Sodium** 130mg **6%**

**Total Carbohydrate** 7g **3%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

Sugar Alcohol 0g

**Protein** 17g **34%**

Vitamin D 0.229mcg **2%**

Calcium 63mg **4%**

Iron 2.023mg **10%**

Potassium 319mg **6%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.